

	All times adjusted for BST								
	HW(am)	HW(pm)	D/L level	Pen Out	Start time	Race type	Duration hrs approx	Series/Trophy	HCA Programme
Sunday, April 02, 2023	4.38	16.41	16.00	14.30	15.00	Upriver	2.50	Spring Series Race 1	
Sunday, April 16, 2023	3.44	15.42	14.15	12.30	14.00	Upriver	2.50	Spring Series Race 2	
Sunday, April 23, 2023	8.30	20.50	19.15	15.30	16.00	Upriver	2.50	Trophy	
Sunday, April 30, 2023	2.54	15.03	13.30	12.30	13.15	Upriver	2.50	Spring Series Race 3	
Sunday, May 07, 2023	7.28	19.44	18.15	15.00	15.30	Upriver	2.50	Trophy	
Sunday, May 14, 2023	2.05	14.04	12.30	11.30	12.15	Upriver	2.50	Spring Series Race 4	
Sunday, May 21, 2023	7.31	19.53	18.15	10.00	10.30	Outriver	4.00	Trophy	
Saturday, May 27, 2023	11.25		10.00	9.00	9.30	Upriver	4	Trophy	
Sunday, May 28, 2023	00.41	12.41	11.15	10.30	11.00	Upriver	2.50	Spring Series Race 5	
Sunday, June 04, 2023	6.27	18.44	17.15	8.00	8.30	Outriver	4	Trophy	
Sunday, June 11, 2023	00.27	12.21	10.45	9.30	10.30	Upriver	2.5	Summer Series Race 1	
Sunday, June 18, 2023	6.32	18.57	17.30	9.00	9.30	Outriver	7.00	Canada Wreck Race	
Sunday, June 25, 2023	10.51	23.46	09.15	08.30	9.30	Upriver	2.5	Summer Series Race 2	
Sunday, July 02, 2023	5.22	17.42	16.15	14.00	14.30	Upriver	2.5	Orienteering Race	
Sunday, July 09, 2023	10.54	23.57	09.15	08.30	9.20	Upriver	2.5	Summer Series Race 3	
Sunday, July 16, 2023	5.34	18.03	16.30	14.00	14.30	Upriver	2.5	Trophy	
Sunday, July 23, 2023	9.42	22.22	8.15	11.30	12.00	Outriver	4.00	Trophy	
Saturday, July 29, 2023	2.58	15.20	13.45	13.00	14.00	Upriver	3.50	Trophy	
Sunday, July 30, 2023	4.08	16.37	15.00	14.00	14.50	Upriver	2.5	Summer Series Race 4	
Sunday, August 06, 2023	9.41	22.32	8.15	11.30	12.00	Outriver	4.00	Trophy	
Sunday, August 13, 2023	4.26	17.09	15.30	14.30	15.15	Upriver	2.50	Summer Series 5	
Sunday, August 20, 2023	8.44	21.15	7.15	10.30	11.00	Outriver	4.00	Trophy	
Saturday, August 26, 2023	00.59	13.36	12.00	11.00	12.00	Upriver	2.50	HCA Regatta	
Sunday, August 27, 2023	2.30	15.18	13.45	11.30	13.30	Upriver	2.50	HCA Regatta	
Sunday, September 03, 2023	8.34	21.18	7.00	10.30	11.00	Outriver	4.00	Trophy	
Saturday, September 09, 2023	1.31	14.27	13.00	10.30	11.30	Upriver	2.50	GCYC Regatta	
Sunday, September 10, 2023	2.55	15.52	14.15	12.00	13.00	Upriver	2.50	GCYC Regatta	
Saturday, September 16, 2023	7.15	19.43	5.45	15.00	15.30	Upriver	2.50	Trophy	
Sunday, September 17, 2023	7.46	20.12	06.15	15.30	16.00	Upriver	2.50	Trophy	
Sunday, September 24, 2023	00.24	13.35	12.00	10.30	11.45	Upriver	2.50	Autumn Series Race 2	
Saturday, September 30, 2023	6.46	19.31	18.00	10.30	11.00	Outriver	4.00	Trophy	
Sunday, October 01, 2023	7.28	20.08	18.30	11.00	11.30	Outriver	4.00	Trophy	
Sunday, October 08, 2023	00.46	14.04	12.30	11.30	12.15	Upriver	2.50	Autumn Series Race 3	
Saturday, October 14, 2023	6.12	18.40	17.15	10.30	11.00	Outriver	3.00	Trophy	
Sunday, October 15, 2023	6.44	19.09	17.30	11.00	12.00	Outriver	3.00	Trophy	
Sunday, October 22, 2023	11.51	xxxx	10.15	9.00	10.00	Upriver	2.50	Autumn Series Race 4	
Sunday, October 29, 2023	5.22	18.01	16.30	10.00	10.30	Outriver	3.00	Trophy	
Sunday, November 05, 2023	10.59	22.51	09.30	8.30	9.30	Upriver	2.50	Autumn Series Race 5	
Sunday, November 12, 2023	4.38	17.05	15.30	9.00	9.30	Outriver	4.00	Trophy	
Sunday, November 19, 2023	9.38	21.39	20.00	13.00	13.30	Outriver	3.00	Trophy	